



0 12352 08657 1

### Grilled Steak Taco Meal

| Nutrition Facts                                                                                                                                                     |                |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------|
| 1 serving per container                                                                                                                                             |                |
| Serving size<br>3 Tacos + 5.5oz Rice + 6.5oz Beans (790g)                                                                                                           |                |
| Amount Per Serving                                                                                                                                                  |                |
| Calories                                                                                                                                                            | 1250           |
|                                                                                                                                                                     | % Daily Value* |
| <b>Total Fat</b> 48g                                                                                                                                                | <b>62%</b>     |
| Saturated Fat 16g                                                                                                                                                   | <b>80%</b>     |
| Trans Fat 1g                                                                                                                                                        |                |
| <b>Cholesterol</b> 125mg                                                                                                                                            | <b>42%</b>     |
| <b>Sodium</b> 4740mg                                                                                                                                                | <b>206%</b>    |
| <b>Total Carbohydrate</b> 142g                                                                                                                                      | <b>52%</b>     |
| Dietary Fiber 17g                                                                                                                                                   | <b>61%</b>     |
| Total Sugars 26g                                                                                                                                                    |                |
| Includes 14g Added Sugars                                                                                                                                           | <b>28%</b>     |
| <b>Protein</b> 57g                                                                                                                                                  |                |
| Vitamin D 1.2mcg                                                                                                                                                    | 6%             |
| Calcium 530mg                                                                                                                                                       | 40%            |
| Iron 11.8mg                                                                                                                                                         | 70%            |
| Potassium 1410mg                                                                                                                                                    | 30%            |
| * The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice. |                |

INGREDIENTS: BEEF, PLATE, INSIDE SKIRT STEAK, SEPARABLE LEAN ONLY, TRIMMED TO 1/4" FAT, ALL GRADES, RAW, BLACK BEANS, ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, VEGETABLE SHORTENING (SOYBEAN OIL, HYDROGENATED SOYBEAN OIL), SALT, BAKING SODA, WHEAT STARCH, MONOCALCIUM PHOSPHATE, SODIUM ADIPATE, SUGAR, DISTILLED MONOGLYCERIDES, ENZYME, TRICALCIUM PHOSPHATE, DIACETYL TARTARIC ACID ESTERS OF MONO- AND DIGLYCERIDES, CITRIC ACID AND CALCIUM PROPIONATE (TO PRESERVE FRESHNESS), YEAST, DOUGH CONDITIONER (L-CYSTEINE), WATER, PICO DE GALLO (DICED TOMATOES IN TOMATO JUICE, CRUSHED TOMATOES (WATER, CRUSHED TOMATO CONCENTRATE), FRESH JALAPENO PEPPERS, FRESH DEHYDRATED ONIONS, GARLIC, CLANTRO, NATURAL FLAVORING), DICED TOMATOES IN TOMATO JUICE, CRUSHED TOMATOES (WATER, CRUSHED TOMATO CONCENTRATE), FRESH JALAPENO PEPPERS, FRESH ONIONS, SUGAR, LIME JUICE CONCENTRATE, SALT, DEHYDRATED ONIONS, GARLIC, CLANTRO, NATURAL FLAVORING), ONION, BROWN RICE, QUESO FRESCO (CULTURED PASTEURIZED GRADE A MILK AND SKIM MILK, SEA SALT, AND ENZYMES), ONIONS, RED WINE VINEGAR, GREEN PEPPERS, SUGAR, LIME JUICE, OLIVE OIL, LIMES, JALAPENOS, KOSHER SALT, OLIVE OIL, CHICKEN MEAT, MALTODEXTRIN, CHICKEN FAT, SUGAR, HYDROLYZED SOY AND CORN PROTEIN, WHEY, NATURAL FLAVORS, 2% OR LESS OF CHICKEN, WHEY, NATURAL FLAVORS, 2% OR LESS OF CHICKEN BROTH, AUTOLYZED YEAST EXTRACT, SALT, SODIUM INOSINATE, VEGETABLE OIL (CORN AND/OR CANOLA OIL), DISODIUM GUANYLATE, TURMERIC AND ANNATTO (COLOR), CUMIN, CLANTRO, CHILI POWDER, OREGANO, GARLIC, BAY LEAF

CONTAINS: MILK, WHEAT, SOY  
DISTRIBUTED BY CANTEEN  
2400 YORKMONT RD  
CHARLOTTE, NC, 28217



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