0 12352 09155 1

CK Cheesy Quesadilla Meal

Nutrition Facts

1 serving per container
Serving size
1 Quesadilla + Salsa, Beans & Rice (780g)

Amount Per Serving

Calories	**1340**
	% Daily Value*
Total Fat 62g	**79%**
Saturated Fat 34g	**170%**
Trans Fat 1.5g	
Cholesterol 125mg	**42%**
Sodium 3260mg	**142%**
Total Carbohydrate 151g	**55%**
Dietary Fiber 18g	**64%**
Total Sugars 14g	
Includes <1g Added Sugars	**2%**
Protein 50g	
Vitamin D 0.9mcg	4%
Calcium 1080mg	80%
Iron 9.6mg	50%
Potassium 1080mg	25%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: FLOUR TORTILLA (ENRICHED UNBLEACHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN AND FOLIC ACID), WATER, VEGETABLE SHORTENING (CONTAINS ONE OR MORE OF THE FOLLOWING: PALM OIL AND/OR CORN OIL), CONTAINS 2% OR LESS OF THE FOLLOWING: SALT, ALUMINUM-FREE LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, CORN STARCH, MONOCALCIUM PHOSPHATE), WHEAT PROTEIN, PRESERVATIVES(CALCIUM PROPIONATE, SORBIC ACID), DOUGH CONDITIONER (FUMARIC ACID, XANTHAN GUM, MONO- AND DIGLYCERIDES, SODIUM METABISULPHITE)), BLACK BEANS, WATER, PICO DE GALLO (DICED TOMATOES IN TOMATO JUICE, CRUSHED TOMATOES (WATER, CRUSHED TOMATO CONCENTRATE), FRESH JALAPENO PEPPERS, FRESH ONIONS, SUGAR, LIME JUICE CONCENTRATE, SALT, DEHYDRATED ONIONS, GARLIC, CILANTRO, NATURAL FLAVORING. DICED TOMATOES IN TOMATO JUICE, CRUSHED TOMATOES (WATER, CRUSHED TOMATO CONCENTRATE), FRESH JALAPENO PEPPERS, FRESH ONIONS, SUGAR, LIME JUICE CONCENTRATE, SALT, DEHYDRATED ONIONS, GARLIC, CILANTRO, NATURAL FLAVORING), CHEDDAR (MILK, CULTURES, SALT, ENZYMES, ANNATTO), MONTEREY JACK CHEESE (CHEESE (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES), POTATO STARCH AND POWDERED CELLULOSE, NATAMYCIN), BROWN RICE, ONIONS, BUTTERMILK (CULTURED MILK, CORN STARCH-MODIFIED, CARRAGEENAN, SALT, CAROB BEAN GUM), RED PEPPERS, ONION, GREEN PEPPER, GREEN PEPPERS, CILANTRO, BUTTER (CREAM, SALT), LIMES, CHIPOTLES IN ADOBO (CHIPOTLE PEPPERS, VINEGAR, TOMATOES, ONIONS, SUGAR, IODIZED SALT, PAPRIKA, SOYBEAN OIL AND SPICES), OLIVE OIL, KOSHER SALT, VEGETABLE BASE (SAUTEED VEGETABLE PUREE MIX (CARROTS, ONIONS, CELERY), SALT, SUGAR, MALTODEXTRIN, VEGETABLE OIL (CORN AND/OR CANOLA OIL), 2% OR LESS OF YEAST EXTRACT, WATER, POTATO STARCH, XANTHAN GUM, NATURAL FLAVORS, CARROT JUICE CONCENTRATE), JALAPENOS, TACO SEASONING (CHILI PEPPER, CORN STARCH, SALT, ONION POWDER, MALTODEXTRIN, SPICE, SEA SALT (POTASSIUM MAGNESIUM CHLORIDE, SALT), CONTAIN 2 % OR LESS OF: VEGETABLE OIL (CANOLA OIL AND/OR SOYBEAN OIL), SILICON DIOXIDE (ANTICAKING AGENT), CITRIC ACID, SUGAR (ADDS A TRIVIAL AMOUNT OF SUGAR), NATURAL FLAVOR), CUMIN, CHILI POWDER, OREGANO, GARLIC, BAY LEAF

CONTAINS: MILK, EGG, WHEAT, SOY

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