

CK Ham & Cheddar on Marble Rye

Nutrition Facts Servings: 1, Serv. Size: 1 Sandwich (230g), Amount Per Serving: Calories 51 0, Total Fat 15g (19% DV), Sat. Fat 4.5g (23% DV), Total Fat 15g (19% DV), Sat. Fat 4.5g (23% DV), Total Supars Fat 10g, Cholest. 55mg (18% DV), Sodium 1560mg (68% DV), Total Carb. 60g (22% DV), Fiber 14g (50% DV), Total Sugars 4g (Incl. 3g Added Sugars, 6% DV), Protein 33g, Vit. D (0% DV), Calorium (25% DV), Incn (25% DV), Potas. (10% DV), Protein 33g, Vit. D (0% DV), Calorium (25% DV), Incn (25% DV), Potas. (10% DV).

INGREDIENTS: UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, YEAST, WHEAT GLUTEN, FULLY REFINED SOYDEAN OIL, WHEAT FLOUR, SALT, MALTED BARLEY FLOUR (CONTAINS WHEAT), FUMARIC ACID AND 2% OR LESS OF EACH OF THE FOLLOWING: ACETIC ACID, LACTIC ACID, LACARMEL COLOR, PUMPERNICKEL FLOUR, RYE FLOUR, GRANULATED SUGAR, CARAWAY SEED GROUND, CALCIUM PROPIONATE (TO RETAIN FRESHNESS), DOUGH IMPROVER (MALTED WHEAT FLOUR, ENZYMES AND 2% OR LESS OF ASCORBIC ACID), DOUGH IMPROVER (MALTED WHEAT FLOUR, ENZYMES AND 2% OR LESS OF ASCORBIC ACID), ENRICHED WHEAT FLOUR, CONTAINS LESS THAN 2% OF ENZYMES, CARAWAL COLOR ADDED WATER ADDED CURED WITH WATER, SALT, ENZYMES, SODIUM PHOSPHATES, SODIUM ENTHORBATE, SODIUM NITRITE, CARAMEL COLOR, CHEDDAR (MILK, CULTURES, SALT, ENZYMES, ANATOR (COLOR)), LETTUCE

CONTAINS: MILK, WHEAT, SOY

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INGREDIENTS: UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR, MALITED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, YEAST, WHEAT GLUTEN, FLULY REFINED SOYBEAN OIL, WHEAT FLOUR, ACID, ALL MALTED BARLEY FLOUR (CONTAINS WHEAT), FUMARIC ACID AND 2% OR LESS OF EACH OF THE FOLLOWING: ACEITC ACID, LACTIC ACID, CARAMEL COLOR, PUMPERNICKEL FLOUR, RYE FLOUR, CRANULATED SUGAR, CARAWAY SEED GROUND, CALCIUM PROPHONATE (TO RETAIN FRESHNESS), DOUGH IMPROVER (MALTED WHEAT FLOUR, ENZYMES AND 2% OR LESS OF ASCORBIG ACID), ENRICHED WHEAT FLOUR, ENZYMES AND 2% OR LESS OF ASCORBIG ACID), ENRICHED WHEAT FLOUR, ENZYMES AND 2% OR LESS OF ASCORBIG ACID), ENRICHED WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), CONTAINS LESS THAN 2% OF ENZYMES, CARAMEL COLOR ADDED WATER ADDED CURED WITH WATER, SALT, SUGAR, VINEGRA, CORN SYRUP, SODIUM PHOSPHATES, SODIUM ERYTHORBATE, SODIUM NITRITE, CARAMEL COLOR, CHEDDAR MILK, CULTURES, SALT ENZYMES, SANTANCH COLOR).

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INGREDIENTS: UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR, MALITED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, YEAST, WHEAT GLUTEN, FLULY REFINED SOYBEAN OIL, WHEAT FLOUR, ACID, ACID, ACID, ACID, ACID, ACID, ACID, CARAMEL COLOR, MALITED BARLEY FLOUR (CONTAINS WHEAT), FUMARIC ACID AND 2% OR LESS OF EACH OF THE FOLLOWING: ACEITC ACID, LACTIC ACID, CARAMEL COLOR, PUMPERNICKEL FLOUR, RYE FLOUR, GRANULATED SUGAR, CARAWAY SEED GROUND, CALCIUM PROPHONATE (TO RETAIN FRESHNESS), DOUGH IMPROVER (MALTED WHEAT FLOUR, ENZYMES AND 2% OR LESS OF ASCORBIC ACID), ENRICHED WHEAT FLOUR, ENZYMES AND 2% OR LESS OF ASCORBIC ACID), ENRICHED WHEAT FLOUR, MACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), CONTAINS LESS THAN 2% OF ENZYMES, CARAWEL COLOR ADDED WATER ADDED CURED WITH WATER, SALT, SUGAR, VINEGRAR, CORN SYRUP, SODIUM PHOSPHATES, SODIUM ERYTHORBATE, SODIUM NITRITE, CARAMEL COLOR, CHEDDAR MILK, CULTURES, SALT ENZYMES, SANTO (COLOR).

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INGREDIENTS: UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, YEAST, WHEAT GLUTEN, FILLY REFINED SOYBEAN OIL, WHEAT FLOUR, SALT, MALTED BARLEY FLOUR (CONTAINS WHEAT), FUMARIC ACID AND 2% OR LESS OF EACH OF THE FOLLOWING: ACETIC ACID, LACTIC ACID, CARAMIEL COLOR, PUMPERNICKEL FLOUR, RYE FLOUR, CRANAULATED SUBAR, CARAWAY SEED GROUND, CALCIUM PROPHONATE (TO RETAIN FRESHNESS), DOUGH IMPROVER (MALTED WHEAT FLOUR, ENZYMES AND 2% OR LESS OF ASCORBIC ACID), ENRICHED WHEAT FLOUR, ENZYMES AND 2% OR LESS OF ASCORBIC ACID), ENRICHED WHEAT FLOUR, INACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), CONTAINS LESS THAN 2% OF ENZYMES, CARAMEL COLOR ADDED WATER ADDED CURED WITH WATER, SALT, SUGAR, VINEGAR, CORN SYRUP, SODIUM PHOSPHATES, SODIUM ENTHER SADIED WATER, SALT, SUGAR, VINEGAR, CORN SYRUP, SODIUM PHOSPHATES, SODIUM ENTHER, SANT, ENZYMES, ANNATOR (COLOR), LETTUCE

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INGREDIENTS: UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID, WATER, YEAST, WHEAT GLUTEN, FULLY REFINED SOVEBAN OIL, WHEAT FLOUR, SID,T, MALTED BARLEY FLOUR (CONTAINS WHEAT), FUMARIC ACID AND 2% OR LESS OF EACH OF THE FOLLOWING: ACEITO ACID, LACTIC ACID, CARAMEL COLOR, PUMPERNICKE FLOUR, REVETLOUR, GRANULATED SUGAR, CARAWAY SEED GROUND, CALCIUM PROPIONATE (TO RETAIN FRESHNESS), DOUGH IMPROVER (MALTED WHEAT FLOUR, ENZYMES AND 2% OR LESS OF ASCORBIC ACID), ENRICHED WHEAT FLOUR, ENZYMES AND 2% OR LESS OF ASCORBIC ACID), ENRICHED WHEAT FLOUR, ENZYMES AND 2% OR LESS OF ASCORBIC ACID), ENRICHED WHEAT FLOUR, ENZYMES AND 2% OR LESS OF ASCORBIC ACID), ENRICHED WHEAT FLOUR, COLTEN WHATEN SEDUCED INCO. THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), CONTAINS LESS THAN 2% OF ENZYMES, CARAWAEL COLOR ADDED WATER ADDED CURED WITH WATER, SALT, SUGAR, VINEGRAR, CORN SYRUP, SODIUM PHOSPHATES, SODIUM ERYTHORBATE, SODIUM MITRITE, CARAMEL COLOR, CHEDDAR MINK, CULTURES, SALT, ENZYMES, ANNATOT (COLOR), LETTUCE

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NOREDIENTS: UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, YEAST, WHEAT GLUTEN, FULLY REFINED SCYBEAN OIL, WHEAT FLOUR, SALT, MALTED BARLEY FLOUR (CONTAINS WHEAT), FUMARIC ACID AND 2% OR LESS OF EACH OF THE FOLLOWING: ACETIC ACID, LACTIC ACID, CARAMEL COLOR, PUMPERNICKEL FLOUR, REYERLOUR, GRANULATED SUGAR, CARAWSY SEED GROUND, CALCIUM PROPIONATE (TO RETAIN FRESHNESS), DOUGH IMPROVER (MALTED WHEAT FLOUR, ENZYMES AND 2% OR LESS OF ASCORBIG CALD), ENRICHED WHEAT FLOUR, ENZYMES AND 2% OR LESS OF ASCORBIG CAID), ENRICHED WHEAT FLOUR, MIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), CONTAINS LESS THAN 2% OF ENZYMES, CARAMEL COLOR ADDED WATER ADDED CURED WITH WATER, SALT, SUGAR, VINEGAR, CORN SYRUP, SODIUM PHOSPHATES, SODIUM ERYTHORBATE, SODIUM INTITE, CARAMEL COLOR, CHEDDAR (MIKK, CULTURES), SALT, ENZYMES, ANNATTO (COLOR)), LETTUCE

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