0 12352 08952 7

CK Fettucini Alfredo Meal

Nutrition Facts

1 serving per container

Serving size

16oz Pasta + 5oz Vegetable + Garlic Bread (671g)

Amount Per Serving

Calories **920**

	% Daily Value*
Total Fat 29g	**37%**
Saturated Fat 11g	**55%**
Trans Fat 0g	
Cholesterol 45mg	**15%**
Sodium 1610mg	**70%**
Total Carbohydrate 132g	**48%**
Dietary Fiber 11g	**39%**
Total Sugars 8g	
Includes 0g Added Sugars	**0%**
Protein 39g	
Vitamin D 0.2mcg	2%
Calcium 490mg	35%
Iron 6.7mg	35%
Potassium 840mg	20%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: WATER, ROASTED BROCCOLI (BROCCOLI, OLIVE OIL, GARLIC, KOSHER SALT, BLACK PEPPER, RED PEPPER FLAKES), BARILLA FETTUCINE PASTA (SEMOLINA (WHEAT), DURUM WHEAT FLOUR. VITAMINS/MINERALS: VITAMIN B3 (NIACIN), IRON (FERROUS SULFATE), VITAMIN B1 (THIAMINE MONONITRATE), VITAMIN B2 (RIBOFLAVIN), FOLIC ACID), MOZZARELLA (CULTURED MILK, VINEGAR, MICROBIAL RENNET, SALT), GARLIC BREAD (ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, YEAST, SALT, SOYBEAN OIL, WHEAT GLUTEN, DOUGH CONDITIONER (ENZYMES, ASCORBIC ACID (PRESERVATIVES)). SPREAD INGREDIENTS: LIQUID MARGARINE (SOYBEAN OIL, WATER, SALT, HYDROGENATED SOYBEAN OIL, MONO AND DIGLYCERIDES, SOYBEAN LECITHIN, SODIUM BENZOATE (PRESERVATIVES), ARTIFICIAL BUTTER FLAVOR, BETA CAROTENE (COLOR), VITAMIN A PALMITATE ADDED), DEHYDRATED GARLIC, DEHYDRATED OREGANO), ALFREDO SAUCE MIX (MODIFIED CORNSTARCH, MALTODEXTRIN, SOYBEAN OIL, WHEY, PALM OIL, CANOLA OIL, PARMESAN, CHEDDAR, AND ROMANO CHEESE SOLIDS (PASTEURIZED MILK, CULTURES, SALT, ENZYMES), NONFAT DRIED MILK, YEAST EXTRACT, SODIUM CASEINATE, WHEY PROTEIN CONCENTRATE, SALT, 2% OR LESS OF CELLULOSE GEL, ENZYME MODIFIED CHEDDAR CHEESE, ENZYME MODIFIED CREAM, SODIUM PHOSPHATE, SODIUM CITRATE, CALCIUM LACTATE, ENZYME MODIFIED MILK FAT, LACTIC ACID, XANTHAN GUM, DEXTROSE, SODIUM ALGINATE, ENZYME MODIFIED NONFAT MILK, BUTTER (CREAM, SALT), NATURAL FLAVORS, ANNATTO & TURMERIC (COLOR), HYDROLYZED CASEIN, DISODIUM INOSINATE, SPICES, CALCIUM ALGINATE, DISODIUM GUANYLATE), PARMESAN (MILK, CHEESE CULTURES, SALT, ENZYMES), KOSHER SALT, BLACK PEPPER, ITALIAN SEASONING (MARJORAM, THYME, ROSEMARY, SAVORY, SAGE, OREGANO, BASIL)

CONTAINS: MILK, WHEAT, SOY

DISTRIBUTED BY CANTEEN
2400 YORKMONT RD
CHARLOTTE, NC, 28217

---

0 12352 08952 7

CK Fettucini Alfredo Meal

Nutrition Facts

1 serving per container

Serving size

16oz Pasta + 5oz Vegetable + Garlic Bread (671g)

Amount Per Serving

Calories 920

% Daily Value*

Total Fat 29g 37%
Saturated Fat 11g 55%
Trans Fat 0g
Cholesterol 45mg 15%
Sodium 1610mg 70%
Total Carbohydrate 132g 48%
Dietary Fiber 11g 39%
Total Sugars 8g
Includes 0g Added Sugars 0%
Protein 39g
Vitamin D 0.2mcg 2%
Calcium 490mg 35%
Iron 6.7mg 35%
Potassium 840mg 20%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: WATER, ROASTED BROCCOLI (BROCCOLI, OLIVE OIL, GARLIC, KOSHER SALT, BLACK PEPPER, RED PEPPER FLAKES), BARILLA FETTUCINE PASTA (SEMOLINA (WHEAT), DURUM WHEAT FLOUR. VITAMINS/MINERALS: VITAMIN B3 (NIACIN), IRON (FERROUS SULFATE), VITAMIN B1 (THIAMINE MONONITRATE), VITAMIN B2 (RIBOFLAVIN), FOLIC ACID), MOZZARELLA (CULTURED MILK, VINEGAR, MICROBIAL RENNET, SALT), GARLIC BREAD (ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, YEAST, SALT, SOYBEAN OIL, WHEAT GLUTEN, DOUGH CONDITIONER (ENZYMES, ASCORBIC ACID (PRESERVATIVES)). SPREAD INGREDIENTS: LIQUID MARGARINE (SOYBEAN OIL, WATER, SALT, HYDROGENATED SOYBEAN OIL, MONO AND DIGLYCERIDES, SOYBEAN LECITHIN, SODIUM BENZOATE (PRESERVATIVES), ARTIFICIAL BUTTER FLAVOR, BETA CAROTENE (COLOR), VITAMIN A PALMITATE ADDED), DEHYDRATED GARLIC, DEHYDRATED OREGANO), ALFREDO SAUCE MIX (MODIFIED CORNSTARCH, MALTODEXTRIN, SOYBEAN OIL, WHEY, PALM OIL, CANOLA OIL, PARMESAN, CHEDDAR, AND ROMANO CHEESE SOLIDS (PASTEURIZED MILK, CULTURES, SALT, ENZYMES), NONFAT DRIED MILK, YEAST EXTRACT, SODIUM CASEINATE, WHEY PROTEIN CONCENTRATE, SALT, 2% OR LESS OF CELLULOSE GEL, ENZYME MODIFIED CHEDDAR CHEESE, ENZYME MODIFIED CREAM, SODIUM PHOSPHATE, SODIUM CITRATE, CALCIUM LACTATE, ENZYME MODIFIED MILK FAT, LACTIC ACID, XANTHAN GUM, DEXTROSE, SODIUM ALGINATE, ENZYME MODIFIED NONFAT MILK, BUTTER (CREAM, SALT), NATURAL FLAVORS, ANNATTO & TURMERIC (COLOR), HYDROLYZED CASEIN, DISODIUM INOSINATE, SPICES, CALCIUM ALGINATE, DISODIUM GUANYLATE), PARMESAN (MILK, CHEESE CULTURES, SALT, ENZYMES), KOSHER SALT, BLACK PEPPER, ITALIAN SEASONING (MARJORAM, THYME, ROSEMARY, SAVORY, SAGE, OREGANO, BASIL)

CONTAINS: MILK, WHEAT, SOY

DISTRIBUTED BY CANTEEN
2400 YORKMONT RD
CHARLOTTE, NC, 28217

---

0 12352 08952 7

CK Fettucini Alfredo Meal

Nutrition Facts

1 serving per container

Serving size

16oz Pasta + 5oz Vegetable + Garlic Bread (671g)

Amount Per Serving

Calories 920

% Daily Value*

Total Fat 29g 37%
Saturated Fat 11g 55%
Trans Fat 0g
Cholesterol 45mg 15%
Sodium 1610mg 70%
Total Carbohydrate 132g 48%
Dietary Fiber 11g 39%
Total Sugars 8g
Includes 0g Added Sugars 0%
Protein 39g
Vitamin D 0.2mcg 2%
Calcium 490mg 35%
Iron 6.7mg 35%
Potassium 840mg 20%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: WATER, ROASTED BROCCOLI (BROCCOLI, OLIVE OIL, GARLIC, KOSHER SALT, BLACK PEPPER, RED PEPPER FLAKES), BARILLA FETTUCINE PASTA (SEMOLINA (WHEAT), DURUM WHEAT FLOUR. VITAMINS/MINERALS: VITAMIN B3 (NIACIN), IRON (FERROUS SULFATE), VITAMIN B1 (THIAMINE MONONITRATE), VITAMIN B2 (RIBOFLAVIN), FOLIC ACID), MOZZARELLA (CULTURED MILK, VINEGAR, MICROBIAL RENNET, SALT), GARLIC BREAD (ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, YEAST, SALT, SOYBEAN OIL, WHEAT GLUTEN, DOUGH CONDITIONER (ENZYMES, ASCORBIC ACID (PRESERVATIVES)). SPREAD INGREDIENTS: LIQUID MARGARINE (SOYBEAN OIL, WATER, SALT, HYDROGENATED SOYBEAN OIL, MONO AND DIGLYCERIDES, SOYBEAN LECITHIN, SODIUM BENZOATE (PRESERVATIVES), ARTIFICIAL BUTTER FLAVOR, BETA CAROTENE (COLOR), VITAMIN A PALMITATE ADDED), DEHYDRATED GARLIC, DEHYDRATED OREGANO), ALFREDO SAUCE MIX (MODIFIED CORNSTARCH, MALTODEXTRIN, SOYBEAN OIL, WHEY, PALM OIL, CANOLA OIL, PARMESAN, CHEDDAR, AND ROMANO CHEESE SOLIDS (PASTEURIZED MILK, CULTURES, SALT, ENZYMES), NONFAT DRIED MILK, YEAST EXTRACT, SODIUM CASEINATE, WHEY PROTEIN CONCENTRATE, SALT, 2% OR LESS OF CELLULOSE GEL, ENZYME MODIFIED CHEDDAR CHEESE, ENZYME MODIFIED CREAM, SODIUM PHOSPHATE, SODIUM CITRATE, CALCIUM LACTATE, ENZYME MODIFIED MILK FAT, LACTIC ACID, XANTHAN GUM, DEXTROSE, SODIUM ALGINATE, ENZYME MODIFIED NONFAT MILK, BUTTER (CREAM, SALT), NATURAL FLAVORS, ANNATTO & TURMERIC (COLOR), HYDROLYZED CASEIN, DISODIUM INOSINATE, SPICES, CALCIUM ALGINATE, DISODIUM GUANYLATE), PARMESAN (MILK, CHEESE CULTURES, SALT, ENZYMES), KOSHER SALT, BLACK PEPPER, ITALIAN SEASONING (MARJORAM, THYME, ROSEMARY, SAVORY, SAGE, OREGANO, BASIL)

CONTAINS: MILK, WHEAT, SOY

DISTRIBUTED BY CANTEEN
2400 YORKMONT RD
CHARLOTTE, NC, 28217

---

0 12352 08952 7

CK Fettucini Alfredo Meal

Nutrition Facts

1 serving per container

Serving size

16oz Pasta + 5oz Vegetable + Garlic Bread (671g)

Amount Per Serving

Calories 920

% Daily Value*

Total Fat 29g 37%
Saturated Fat 11g 55%
Trans Fat 0g
Cholesterol 45mg 15%
Sodium 1610mg 70%
Total Carbohydrate 132g 48%
Dietary Fiber 11g 39%
Total Sugars 8g
Includes 0g Added Sugars 0%
Protein 39g
Vitamin D 0.2mcg 2%
Calcium 490mg 35%
Iron 6.7mg 35%
Potassium 840mg 20%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: WATER, ROASTED BROCCOLI (BROCCOLI, OLIVE OIL, GARLIC, KOSHER SALT, BLACK PEPPER, RED PEPPER FLAKES), BARILLA FETTUCINE PASTA (SEMOLINA (WHEAT), DURUM WHEAT FLOUR. VITAMINS/MINERALS: VITAMIN B3 (NIACIN), IRON (FERROUS SULFATE), VITAMIN B1 (THIAMINE MONONITRATE), VITAMIN B2 (RIBOFLAVIN), FOLIC ACID), MOZZARELLA (CULTURED MILK, VINEGAR, MICROBIAL RENNET, SALT), GARLIC BREAD (ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, YEAST, SALT, SOYBEAN OIL, WHEAT GLUTEN, DOUGH CONDITIONER (ENZYMES, ASCORBIC ACID (PRESERVATIVES)). SPREAD INGREDIENTS: LIQUID MARGARINE (SOYBEAN OIL, WATER, SALT, HYDROGENATED SOYBEAN OIL, MONO AND DIGLYCERIDES, SOYBEAN LECITHIN, SODIUM BENZOATE (PRESERVATIVES), ARTIFICIAL BUTTER FLAVOR, BETA CAROTENE (COLOR), VITAMIN A PALMITATE ADDED), DEHYDRATED GARLIC, DEHYDRATED OREGANO), ALFREDO SAUCE MIX (MODIFIED CORNSTARCH, MALTODEXTRIN, SOYBEAN OIL, WHEY, PALM OIL, CANOLA OIL, PARMESAN, CHEDDAR, AND ROMANO CHEESE SOLIDS (PASTEURIZED MILK, CULTURES, SALT, ENZYMES), NONFAT DRIED MILK, YEAST EXTRACT, SODIUM CASEINATE, WHEY PROTEIN CONCENTRATE, SALT, 2% OR LESS OF CELLULOSE GEL, ENZYME MODIFIED CHEDDAR CHEESE, ENZYME MODIFIED CREAM, SODIUM PHOSPHATE, SODIUM CITRATE, CALCIUM LACTATE, ENZYME MODIFIED MILK FAT, LACTIC ACID, XANTHAN GUM, DEXTROSE, SODIUM ALGINATE, ENZYME MODIFIED NONFAT MILK, BUTTER (CREAM, SALT), NATURAL FLAVORS, ANNATTO & TURMERIC (COLOR), HYDROLYZED CASEIN, DISODIUM INOSINATE, SPICES, CALCIUM ALGINATE, DISODIUM GUANYLATE), PARMESAN (MILK, CHEESE CULTURES, SALT, ENZYMES), KOSHER SALT, BLACK PEPPER, ITALIAN SEASONING (MARJORAM, THYME, ROSEMARY, SAVORY, SAGE, OREGANO, BASIL)

CONTAINS: MILK, WHEAT, SOY

DISTRIBUTED BY CANTEEN
2400 YORKMONT RD
CHARLOTTE, NC, 28217

---

0 12352 08952 7

CK Fettucini Alfredo Meal

Nutrition Facts

1 serving per container

Serving size

16oz Pasta + 5oz Vegetable + Garlic Bread (671g)

Amount Per Serving

Calories 920

% Daily Value*

Total Fat 29g 37%
Saturated Fat 11g 55%
Trans Fat 0g
Cholesterol 45mg 15%
Sodium 1610mg 70%
Total Carbohydrate 132g 48%
Dietary Fiber 11g 39%
Total Sugars 8g
Includes 0g Added Sugars 0%
Protein 39g
Vitamin D 0.2mcg 2%
Calcium 490mg 35%
Iron 6.7mg 35%
Potassium 840mg 20%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: WATER, ROASTED BROCCOLI (BROCCOLI, OLIVE OIL, GARLIC, KOSHER SALT, BLACK PEPPER, RED PEPPER FLAKES), BARILLA FETTUCINE PASTA (SEMOLINA (WHEAT), DURUM WHEAT FLOUR. VITAMINS/MINERALS: VITAMIN B3 (NIACIN), IRON (FERROUS SULFATE), VITAMIN B1 (THIAMINE MONONITRATE), VITAMIN B2 (RIBOFLAVIN), FOLIC ACID), MOZZARELLA (CULTURED MILK, VINEGAR, MICROBIAL RENNET, SALT), GARLIC BREAD (ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, YEAST, SALT, SOYBEAN OIL, WHEAT GLUTEN, DOUGH CONDITIONER (ENZYMES, ASCORBIC ACID (PRESERVATIVES)). SPREAD INGREDIENTS: LIQUID MARGARINE (SOYBEAN OIL, WATER, SALT, HYDROGENATED SOYBEAN OIL, MONO AND DIGLYCERIDES, SOYBEAN LECITHIN, SODIUM BENZOATE (PRESERVATIVES), ARTIFICIAL BUTTER FLAVOR, BETA CAROTENE (COLOR), VITAMIN A PALMITATE ADDED), DEHYDRATED GARLIC, DEHYDRATED OREGANO), ALFREDO SAUCE MIX (MODIFIED CORNSTARCH, MALTODEXTRIN, SOYBEAN OIL, WHEY, PALM OIL, CANOLA OIL, PARMESAN, CHEDDAR, AND ROMANO CHEESE SOLIDS (PASTEURIZED MILK, CULTURES, SALT, ENZYMES), NONFAT DRIED MILK, YEAST EXTRACT, SODIUM CASEINATE, WHEY PROTEIN CONCENTRATE, SALT, 2% OR LESS OF CELLULOSE GEL, ENZYME MODIFIED CHEDDAR CHEESE, ENZYME MODIFIED CREAM, SODIUM PHOSPHATE, SODIUM CITRATE, CALCIUM LACTATE, ENZYME MODIFIED MILK FAT, LACTIC ACID, XANTHAN GUM, DEXTROSE, SODIUM ALGINATE, ENZYME MODIFIED NONFAT MILK, BUTTER (CREAM, SALT), NATURAL FLAVORS, ANNATTO & TURMERIC (COLOR), HYDROLYZED CASEIN, DISODIUM INOSINATE, SPICES, CALCIUM ALGINATE, DISODIUM GUANYLATE), PARMESAN (MILK, CHEESE CULTURES, SALT, ENZYMES), KOSHER SALT, BLACK PEPPER, ITALIAN SEASONING (MARJORAM, THYME, ROSEMARY, SAVORY, SAGE, OREGANO, BASIL)

CONTAINS: MILK, WHEAT, SOY

DISTRIBUTED BY CANTEEN
2400 YORKMONT RD
CHARLOTTE, NC, 28217