



0 12352 09114 8

CK Warm Apple and Pear  
Crisp

Nutrition Facts

|                         |             |
|-------------------------|-------------|
| 1 serving per container | 12oz (358g) |
| Serving size            |             |
| Amount Per Serving      |             |
| Calories                | 70          |

|                          |     |                |
|--------------------------|-----|----------------|
| Total Fat 2.5g           | 3%  | % Daily Value* |
| Saturated Fat 1.5g       | 8%  |                |
| Trans Fat 0g             |     |                |
| Cholesterol 5mg          | 2%  |                |
| Sodium 35mg              | 2%  |                |
| Total Carbohydrate 12g   | 4%  |                |
| Dietary Fiber <1g        | 3%  |                |
| Total Sugars 7g          |     |                |
| Includes 5g Added Sugars | 10% |                |
| Protein 1g               |     |                |
| Vitamin D 0mcg           | 0%  |                |
| Calcium 10mg             | 0%  |                |
| Iron 0.3mg               | 2%  |                |
| Potassium 40mg           | 0%  |                |

\*This % Daily Value (DV) tells you how much is included in a serving of food. It contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: PEARS, APPLES, SUGAR, BUTTER (CREAM, SALT), ENRICHED BLEACHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMINE, RIBOFLAVIN, FOLIC ACID), BROWN SUGAR, OATS, ORANGE JUICE, LEMON JUICE, KOSHER SALT, CINNAMON, LEMON ZEST, ORANGE ZEST, NUTMEG

CONTAINS: MILK, WHEAT  
DISTRIBUTED BY CANTEEN  
2400 YORKMONT RD  
CHARLOTTE, NC, 28217



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