0 12352 08970 1

CK Shrimp Enchiladas with Zucchini & Corn

Nutrition Facts

1 serving per container
Serving size2 Enchiladas + 6.5oz Beans (669g)

Amount Per Serving
Calories 640

	% Daily Value*
Total Fat 21g	**27%**
Saturated Fat 8g	**40%**
Trans Fat 0g	
Cholesterol 180mg	**60%**
Sodium 3080mg	**134%**
Total Carbohydrate 76g	**28%**
Dietary Fiber 17g	**61%**
Total Sugars 14g	
Includes 0g Added Sugars	**0%**
Protein 36g	
Vitamin D 0.2mcg	2%
Calcium 450mg	35%
Iron 5.6mg	30%
Potassium 1140mg	25%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: SEASONED BLACK BEANS (BLACK BEANS, ONIONS, GREEN PEPPERS, OLIVE OIL, KOSHER SALT, CUMIN, CHILI POWDER, OREGANO, CILANTRO, BAY LEAF), SHRIMP, SALSA VERDE (TOMATILLOS, GREEN CHILE PEPPERS, ONIONS, CONTAINS 2% OR LESS OF IODIZED SALT (CONTAINS POTASSIUM IODATE), CILANTRO, XANTHAN GUM), CORN TORTILLA (YELLOW CORN MASA FLOUR, WATER, CONTAINS 2% OR LESS OF: CELLULOSE GUM, GUAR GUM, AMYLASE, AND PROPIONIC ACID, BENZOIC ACID AND PHOSPHORIC ACID (TO MAINTAIN FRESHNESS)), ZUCCHINI, CORN, RADISHES, SOUR CREAM (CULTURED CREAM, ENZYMES), QUESO COTIJA (CULTURED PASTEURIZED GRADE A MILK AND SKIM MILK, SEA SALT, AND ENZYMES), MONTEREY JACK CHEESE (CHEESE (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES), POTATO STARCH AND POWDERED CELLULOSE, NATAMYCIN), CILANTRO, ONION, OLIVE OIL, JALAPENOS, KOSHER SALT, GARLIC, CHILI POWDER, CORIANDER

CONTAINS: MILK, SHRIMP

DISTRIBUTED BY CANTEEN
2400 YORKMONT RD
CHARLOTTE, NC, 28217

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