



Chicken and Cheese Flauta

Nutrition Facts	
1 serving per container	
Serving size	2 Flautas + Sour Cream & Pico (265g)
Amount Per Serving	
Calories	660
	% Daily Value*
Total Fat	45g
	58%
	Saturated Fat 14g
	70%
	Trans Fat 0g
Cholesterol	70mg
	23%
Sodium	1140mg
	50%
Total Carbohydrate	46g
	17%
	Dietary Fiber <1g
	4%
	Total Sugars 6g
	Includes 0g Added Sugars
	0%
Protein	16g
	Vitamin D 0mcg
	0%
	Calcium 250mg
	20%
	Iron 2.7mg
	15%
	Potassium 70mg
	2%
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	



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INGREDIENTS: ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, COOKED CHICKEN WHITE MEAT (CHICKEN WHITE MEAT, WATER, MODIFIED FOOD STARCH, SALT, SODIUM PHOSPHATE), SOYBEAN OIL PASTEURIZED PROCESS AMERICAN CHEESE (CULTURED MILK, WATER, CREAM, SODIUM PHOSPHATES, SALT, SORBIC ACID [PRESERVATIVE], ARTIFICIAL COLOR, ENZYMES), CHeddar CHEESE (CULTURED PASTEURIZED MILK, SALT, ENZYMES, ANNATTO [FOR COLOR]), CONTAINS LESS THAN 2% OF: JALAPENO PEPPERS (JALAPENOS, SALT, VINEGAR), SEASONING BLEND (ONION POWDER, SPICES, GARLIC POWDER, SALT), CHICKEN BASE (CHICKEN MEAT INCLUDING NATURAL CHICKEN JUICES, NATURAL SEA SALT, CHICKEN FAT, VEGETABLE EXTRACT [POTATO, CARROT, ONION], YEAST EXTRACT, NATURAL FLAVORS, AND TURMERIC), MODIFIED FOOD STARCH, METHYLCCELLULOSE, L-CYSTEINE MONOHYDROCHLORIDE, SODIUM STEAROYL LACTYLATE, SALT C, PICO DE GALLO (Diced TOMATOES IN TOMATO JUICE, CRUSHED TOMATOES (WATER, CRUSHED TOMATO CONCENTRATE), FRESH JALAPENO PEPPERS, FRESH ONIONS, SUGAR, LIME JUICE CONCENTRATE, SALT, DEHYDRATED ONIONS, GARLIC, CILANTRO, NATURAL FLAVORING, DICED TOMATOES IN TOMATO JUICE, CRUSHED TOMATOES (WATER, CRUSHED TOMATO CONCENTRATE), FRESH JALAPENO PEPPERS, FRESH ONIONS, SUGAR, LIME JUICE CONCENTRATE, SALT, DEHYDRATED ONIONS, GARLIC, CILANTRO, NATURAL FLAVORING), SOUR CREAM (CULTURED CREAM, ENZYMES), SOYBEAN OIL, HYDROGENATED SOYBEAN OIL WITH TBHQ AND CITRIC ACID ADDED TO HELP PROTECT FLAVOR, DIMETHYLPOLYSILOXANE (AN ANTIFOAMING AGENT) ADDED.

CONTAINS: MILK; WHEAT; SOY
DISTRIBUTED BY CANTEEN
2400 YORKMONT RD
CHARLOTTE, NC, 28217



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