



CK Blueberry Yogurt with Granola

Nutrition Facts Servings: 1, **Serv. Size: 8oz (224g)**, Amount Per Serving:
Calories 310, Total Fat 7g (9% DV), Sat. Fat 1g (5% DV), *Trans Fat* 0g, **Cholest.** 5mg (2% DV), **Sodium** 210mg (9% DV), **Total Carb.** 47g (17% DV), Fiber 3g (11% DV), Total Sugars 27g (Incl. 21g Added Sugars, 42% DV), **Protein** 18g, Vit. D (0% DV), Calcium (10% DV), Iron (6% DV), Potas. (4% DV).

INGREDIENTS: CULTURED NONFAT MILK, BLUEBERRIES, CANE SUGAR, WATER, FRUIT PECTIN, NATURAL FLAVORS, GUAR GUM, LOCUST BEAN GUM, LEMON JUICE CONCENTRATE. CONTAINS LIVE AND ACTIVE CULTURES: S. THERMOPHILUS, L. BULGARICUS, L. ACIDOPHILUS, BIFIDUS, L. CASEI AND L. RHAMNOSUS, WHOLE GRAIN OATS, SUGAR, CANOLA AND/OR SUNFLOWER OIL, RICE FLOUR, HONEY, BROWN SUGAR SYRUP, SALT, BAKING SODA, SOY LECITHIN, NATURAL FLAVOR.

CONTAINS: MILK, SOY

DISTRIBUTED BY CANTEEN
2400 YORKMONT RD
CHARLOTTE, NC, 28217



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