



0 12352 09124 7

CK Turkey Apple Grilled
Cheese Sandwich

Nutrition Facts

1 serving per container
Serving size 1 Sandwich (382g)

Amount Per Serving
Calories **770**

Total Fat 37g **% Daily Value*** **47%**

Saturated Fat 18g **90%**

Trans Fat 1g

Cholesterol 165mg **55%**

Sodium 1070mg **47%**

Total Carbohydrate 57g **21%**

Dietary Fiber 6g **21%**

Total Sugars 22g

Includes 8g Added Sugars **16%**

Protein 53g

Vitamin D 0.5mcg 2%

Calcium 570mg 45%

Iron 5mg 30%

Potassium 600mg 15%

*% Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: HEARTY GRAIN BREAD (WATER, UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), COARSE CRACKED WHEAT, WHOLE WHEAT FLOUR, GRANULATED SUGAR, YEAST, WHEAT GLUTEN, SUNFLOWER SEEDS, 100% HULLED SESAME SEEDS, BLACK SESAME SEEDS, HULLED MILLET FLOUR, BARLEY, SALT, PRECOOKED LONG GRAIN BROWN RICE, DOUGH IMPROVER (Malted Wheat Flour, Enzymes and 2% or less of Ascorbic Acid), CALCIUM PROPIONATE (to Retain Freshness), POPPY SEEDS, SUGARCANE MOLASSES), TURKEY BREAST (Turkey Breast, Turkey Broth, Contains 2% or less of Dextrose, Modified Food Starch, Salt, Vinegar, Sodium Phosphate), Onions, Gouda (Pasturized Milk, Salt, Cheese Culture, Enzymes, Beta Carotene), Apples, Butter (Cream, Salt), Apple Jelly (Apple Juice, High Fructose Corn Syrup, Corn Syrup, Fruit Pectin, Citric Acid), Canola Oil.

CONTAINS: MILK, WHEAT, SESAME

DISTRIBUTED BY CANTEEN
2400 YORKMONT RD
CHARLOTTE, NC, 28217



0 12352 09124 7

CK Turkey Apple Grilled
Cheese Sandwich

Nutrition Facts

1 serving per container
Serving size 1 Sandwich (382g)

Amount Per Serving
Calories **770**

Total Fat 37g **% Daily Value*** **47%**

Saturated Fat 18g **90%**

Trans Fat 1g

Cholesterol 165mg **55%**

Sodium 1070mg **47%**

Total Carbohydrate 57g **21%**

Dietary Fiber 6g **21%**

Total Sugars 22g

Includes 8g Added Sugars **16%**

Protein 53g

Vitamin D 0.5mcg 2%

Calcium 570mg 45%

Iron 5mg 30%

Potassium 600mg 15%

*% Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: HEARTY GRAIN BREAD (WATER, UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), COARSE CRACKED WHEAT, WHOLE WHEAT FLOUR, GRANULATED SUGAR, YEAST, WHEAT GLUTEN, SUNFLOWER SEEDS, 100% HULLED SESAME SEEDS, BLACK SESAME SEEDS, HULLED MILLET FLOUR, BARLEY, SALT, PRECOOKED LONG GRAIN BROWN RICE, DOUGH IMPROVER (Malted Wheat Flour, Enzymes and 2% or less of Ascorbic Acid), CALCIUM PROPIONATE (to Retain Freshness), POPPY SEEDS, SUGARCANE MOLASSES), TURKEY BREAST (Turkey Breast, Turkey Broth, Contains 2% or less of Dextrose, Modified Food Starch, Salt, Vinegar, Sodium Phosphate), Onions, Gouda (Pasturized Milk, Salt, Cheese Culture, Enzymes, Beta Carotene), Apples, Butter (Cream, Salt), Apple Jelly (Apple Juice, High Fructose Corn Syrup, Corn Syrup, Fruit Pectin, Citric Acid), Canola Oil.

CONTAINS: MILK, WHEAT, SESAME

DISTRIBUTED BY CANTEEN
2400 YORKMONT RD
CHARLOTTE, NC, 28217



0 12352 09124 7

CK Turkey Apple Grilled
Cheese Sandwich

Nutrition Facts

1 serving per container
Serving size 1 Sandwich (382g)

Amount Per Serving
Calories **770**

Total Fat 37g **% Daily Value*** **47%**

Saturated Fat 18g **90%**

Trans Fat 1g

Cholesterol 165mg **55%**

Sodium 1070mg **47%**

Total Carbohydrate 57g **21%**

Dietary Fiber 6g **21%**

Total Sugars 22g

Includes 8g Added Sugars **16%**

Protein 53g

Vitamin D 0.5mcg 2%

Calcium 570mg 45%

Iron 5mg 30%

Potassium 600mg 15%

*% Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: HEARTY GRAIN BREAD (WATER, UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), COARSE CRACKED WHEAT, WHOLE WHEAT FLOUR, GRANULATED SUGAR, YEAST, WHEAT GLUTEN, SUNFLOWER SEEDS, 100% HULLED SESAME SEEDS, BLACK SESAME SEEDS, HULLED MILLET FLOUR, BARLEY, SALT, PRECOOKED LONG GRAIN BROWN RICE, DOUGH IMPROVER (Malted Wheat Flour, Enzymes and 2% or less of Ascorbic Acid), CALCIUM PROPIONATE (to Retain Freshness), POPPY SEEDS, SUGARCANE MOLASSES), TURKEY BREAST (Turkey Breast, Turkey Broth, Contains 2% or less of Dextrose, Modified Food Starch, Salt, Vinegar, Sodium Phosphate), Onions, Gouda (Pasturized Milk, Salt, Cheese Culture, Enzymes, Beta Carotene), Apples, Butter (Cream, Salt), Apple Jelly (Apple Juice, High Fructose Corn Syrup, Corn Syrup, Fruit Pectin, Citric Acid), Canola Oil.

CONTAINS: MILK, WHEAT, SESAME

DISTRIBUTED BY CANTEEN
2400 YORKMONT RD
CHARLOTTE, NC, 28217



0 12352 09124 7

CK Turkey Apple Grilled
Cheese Sandwich

Nutrition Facts

1 serving per container
Serving size 1 Sandwich (382g)

Amount Per Serving
Calories **770**

Total Fat 37g **% Daily Value*** **47%**

Saturated Fat 18g **90%**

Trans Fat 1g

Cholesterol 165mg **55%**

Sodium 1070mg **47%**

Total Carbohydrate 57g **21%**

Dietary Fiber 6g **21%**

Total Sugars 22g

Includes 8g Added Sugars **16%**

Protein 53g

Vitamin D 0.5mcg 2%

Calcium 570mg 45%

Iron 5mg 30%

Potassium 600mg 15%

*% Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: HEARTY GRAIN BREAD (WATER, UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), COARSE CRACKED WHEAT, WHOLE WHEAT FLOUR, GRANULATED SUGAR, YEAST, WHEAT GLUTEN, SUNFLOWER SEEDS, 100% HULLED SESAME SEEDS, BLACK SESAME SEEDS, HULLED MILLET FLOUR, BARLEY, SALT, PRECOOKED LONG GRAIN BROWN RICE, DOUGH IMPROVER (Malted Wheat Flour, Enzymes and 2% or less of Ascorbic Acid), CALCIUM PROPIONATE (to Retain Freshness), POPPY SEEDS, SUGARCANE MOLASSES), TURKEY BREAST (Turkey Breast, Turkey Broth, Contains 2% or less of Dextrose, Modified Food Starch, Salt, Vinegar, Sodium Phosphate), Onions, Gouda (Pasturized Milk, Salt, Cheese Culture, Enzymes, Beta Carotene), Apples, Butter (Cream, Salt), Apple Jelly (Apple Juice, High Fructose Corn Syrup, Corn Syrup, Fruit Pectin, Citric Acid), Canola Oil.

CONTAINS: MILK, WHEAT, SESAME

DISTRIBUTED BY CANTEEN
2400 YORKMONT RD
CHARLOTTE, NC, 28217



0 12352 09124 7

CK Turkey Apple Grilled
Cheese Sandwich

Nutrition Facts

1 serving per container
Serving size 1 Sandwich (382g)

Amount Per Serving
Calories **770**

Total Fat 37g **% Daily Value*** **47%**

Saturated Fat 18g **90%**

Trans Fat 1g

Cholesterol 165mg **55%**

Sodium 1070mg **47%**

Total Carbohydrate 57g **21%**

Dietary Fiber 6g **21%**

Total Sugars 22g

Includes 8g Added Sugars **16%**

Protein 53g

Vitamin D 0.5mcg 2%

Calcium 570mg 45%

Iron 5mg 30%

Potassium 600mg 15%

*% Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: HEARTY GRAIN BREAD (WATER, UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), COARSE CRACKED WHEAT, WHOLE WHEAT FLOUR, GRANULATED SUGAR, YEAST, WHEAT GLUTEN, SUNFLOWER SEEDS, 100% HULLED SESAME SEEDS, BLACK SESAME SEEDS, HULLED MILLET FLOUR, BARLEY, SALT, PRECOOKED LONG GRAIN BROWN RICE, DOUGH IMPROVER (Malted Wheat Flour, Enzymes and 2% or less of Ascorbic Acid), CALCIUM PROPIONATE (to Retain Freshness), POPPY SEEDS, SUGARCANE MOLASSES), TURKEY BREAST (Turkey Breast, Turkey Broth, Contains 2% or less of Dextrose, Modified Food Starch, Salt, Vinegar, Sodium Phosphate), Onions, Gouda (Pasturized Milk, Salt, Cheese Culture, Enzymes, Beta Carotene), Apples, Butter (Cream, Salt), Apple Jelly (Apple Juice, High Fructose Corn Syrup, Corn Syrup, Fruit Pectin, Citric Acid), Canola Oil.

CONTAINS: MILK, WHEAT, SESAME

DISTRIBUTED BY CANTEEN
2400 YORKMONT RD
CHARLOTTE, NC, 28217

