0 12352 09077 6

CK Steak Quesadilla with Rice & Beans

Nutrition Facts

1 serving per container

Serving size
1 Quesadilla + 4oz Rice + 4oz Beans (672g)

Amount Per Serving

Calories	**1280**
	% Daily Value*
Total Fat 63g	**81%**
Saturated Fat 27g	**135%**
Trans Fat 0.5g	
Cholesterol 135mg	**45%**
Sodium 2470mg	**107%**
Total Carbohydrate 124g	**45%**
Dietary Fiber 13g	**46%**
Total Sugars 10g	
Includes <1g Added Sugars	**2%**
Protein 54g	
Vitamin D 0.6mcg	4%
Calcium 620mg	50%
Iron 9.5mg	50%
Potassium 760mg	15%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: FLOUR TORTILLA (ENRICHED UNBLEACHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN AND FOLIC ACID), WATER, VEGETABLE SHORTENING (CONTAINS ONE OR MORE OF THE FOLLOWING: PALM OIL AND/OR CORN OIL), CONTAINS 2% OR LESS OF THE FOLLOWING: SALT, ALUMINUM-FREE LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, CORN STARCH, MONOCALCIUM PHOSPHATE), WHEAT PROTEIN, PRESERVATIVES(CALCIUM PROPIONATE, SORBIC ACID), DOUGH CONDITIONER (FUMARIC ACID, XANTHAN GUM, MONO- AND DIGLYCERIDES, SODIUM METABISULPHITE)), BEEF, BLACK BEANS, WATER, BROWN RICE, PICO DE GALLO (DICED TOMATOES IN TOMATO JUICE, CRUSHED TOMATOES (WATER, CRUSHED TOMATO CONCENTRATE), FRESH JALAPENO PEPPERS, FRESH ONIONS, SUGAR, LIME JUICE CONCENTRATE, SALT, DEHYDRATED ONIONS, GARLIC, CILANTRO, NATURAL FLAVORING. DICED TOMATOES IN TOMATO JUICE, CRUSHED TOMATOES (WATER, CRUSHED TOMATO CONCENTRATE), FRESH JALAPENO PEPPERS, FRESH ONIONS, SUGAR, LIME JUICE CONCENTRATE, SALT, DEHYDRATED ONIONS, GARLIC, CILANTRO, NATURAL FLAVORING), BUTTERMILK (CULTURED MILK, CORN STARCH-MODIFIED, CARRAGEENAN, SALT, CAROB BEAN GUM), RED PEPPERS, GREEN PEPPER, ONIONS, CHEDDAR (MILK, CULTURES, SALT, ENZYMES, ANNATTO), MONTEREY JACK CHEESE (CHEESE (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES), POTATO STARCH AND POWDERED CELLULOSE, NATAMYCIN), CILANTRO, GREEN PEPPERS, LIMES, BUTTER (CREAM, SALT), CHIPOTLES IN ADOBO (CHIPOTLE PEPPERS, VINEGAR, TOMATOES, ONIONS, SUGAR, IODIZED SALT, PAPRIKA, SOYBEAN OIL AND SPICES), CANOLA OIL, TACO SEASONING (CHILI PEPPER, CORN STARCH, SALT, ONION POWDER, MALTODEXTRIN, SPICE, SEA SALT (POTASSIUM MAGNESIUM CHLORIDE, SALT), CONTAIN 2 % OR LESS OF: VEGETABLE OIL (CANOLA OIL AND/OR SOYBEAN OIL), SILICON DIOXIDE (ANTICAKING AGENT), CITRIC ACID, SUGAR (ADDS A TRIVIAL AMOUNT OF SUGAR), NATURAL FLAVOR), OLIVE OIL, VEGETABLE BASE (SAUTEED VEGETABLE PUREE MIX (CARROTS, ONIONS, CELERY), SALT, SUGAR, MALTODEXTRIN, VEGETABLE OIL (CORN AND/OR CANOLA OIL), 2% OR LESS OF YEAST EXTRACT, WATER, POTATO STARCH, XANTHAN GUM, NATURAL FLAVORS, CARROT JUICE CONCENTRATE), KOSHER SALT, JALAPENOS, CUMIN, CHILI POWDER, GARLIC, OREGANO, BAY LEAF

CONTAINS: MILK, EGG, WHEAT, SOY

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CHARLOTTE, NC, 28217

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